

## Volontariat en Thaïlande



**Name of Program:** Adventure & Outdoor Education

**Primary category:** Adventure, Teaching

**Secondary category:** Community-based tour

**Itinerary:**

*Specially designed for those seeking fun-filled adventure experiences, with jungle trekking, elephant riding and bamboo rafting, and based on the principle of give and take, a chance for your skills to be beneficial to the hill-tribe children in the villages.*

**Day 1: Bangkok - arrival transfer**

Arrival and joint transfer. Our well experienced guide will also provide you with some useful tips for exploring the city and give you some ideas of what you could do on your tour.

**Day 2: Bangkok - a walking tour - night train to Chiang Mai (B/-/-)**

Today is a tour on foot! The aim is to ensure that you see as much as possible of the everyday life of Bangkok and its people; and what better way to do that than to combine your walk with as many different modes of public transport as possible. Stops on the tour will normally include some interesting temples, a flower market and Little India or Chinatown.

**Day 3: Bangkok - night train to Chiang Mai (B/-/-)**

Your journey to Chiang Mai is by second-class overnight train with air-conditioned sleeping berths. It is comfortable enough and is a fun journey.

**Day 4: Chiang Mai - an orientation tour (-/-/-)**

After settling yourself into your hotel take a walking tour around the old city. There is always something of interest for everybody to see; spectacular temples, the gastronomic delights offered by the local food vendors, fantastic markets and shopping, etc.

**Days 5-7: Trekking - hill tribe villages - elephant riding - bamboo rafting (3B/3L/2D)**

Set off on an exciting 3-day trek through the hills and forests. You will not find the trekking too strenuous as long as you are reasonably fit, as it will be a good mix of walking, seeing different cultures and ways of life, elephant-back riding and an exhilarating bamboo-raft trip. You will have 2 nights in jungle huts and return to overnight in Chiang Mai in the late afternoon of Day 7

**Day 8-11: Community services at a hill-tribe village (4B/4L/3D)**

Depart to Chiang Dao area where you will stay in a hill-tribe village and witness their way of living close to nature. You will visit local markets, assist the local teachers who dedicate themselves to giving an education to poor Thai and hill-tribe children and perhaps help the locals in their routine farming. Return to overnight

in Chiang Mai on Day 11.

Remark:

- ◆ Unlike tourist attractions, the activities of community services projects may vary considerably. Therefore we reserve right to adjust the program or even change the location, even after we have advised a confirmation, due unforeseen developments. However the same concept will be well maintained.
- ◆ **School Holidays**  
As part of this program involves teaching at schools please be aware of the following school holidays and examination periods.
  - Mid-March to mid-May
  - 12 - 17 April and New Year
  - Mid-September to mid-NovemberIf you are on the programme during this time you will be teaching English to the local village children or assigned to another voluntary activities or even to another projects rather than this school/classroom environment.

**Days 12-13: Chiang Mai - train to Bangkok (1B/-/-)**

You will have a free day in Chiang Mai before taking an overnight train to Bangkok. Please let us know if you wish to spend more time in the north or go direct to any beach destination. We can alter the final arrangements to meet your wishes.

**Day 14: Bangkok - departure transfer (B/-/-)**

Spend this last free day shopping or exploring more of Bangkok on your own. Then joint transfer to the airport for flight home.

Departure: Daily with no minimum number and a maximum of 6 persons.

(Best to depart on Sunday, Monday, Tuesday, and Wednesday)

Operates year round (except school holidays - please see remark Days 8-11)

Services included in the price:

- Joint transfers either by air-conditioned transport or pick-up truck for transfer during trekking and to villages
- Accommodation is tourist-class hotels or guesthouses on shared-twin basis with breakfast. All rooms are air-conditioned with private facilities.
- Sleeping facilities during trekking consist of mat for the floor and a sheet. A rucksack, water canteen and lifejacket are provided.
- Admission fees where applicable.
- Trekking park entrance fee.
- English-speaking assistance.
- Meals as specified in the program.

Services not included in the price

- Drinks and meals not specified in the itinerary.
- Sleeping bag
- Personal expenses.

