

Volontariat en Thaïlande



Name of Program: Adventure and Help the Hill Tribes

Primary category: Community-based tour, Adventure

Secondary category: Teaching, Health Project, IT Project, Media Project

Itinerary:

You will get a few days of orientation about Thai culture and sightseeing before jumping into a true adventure by being in a remote village in the north of Thailand. Learn to make your skills be beneficial to the hill-tribe children in the village, share your experience with other NGOs and enjoy exploring the many beautiful sights in the area.

Day 1: Bangkok – arrival transfer

Arrival and joint transfer. Our well experienced guide will also provide you with some useful tips for exploring the city and give you some ideas of what you could do on your tour.

Day 2: Bangkok – a walking tour – night train to Chiang Mai (B/-/-)

Today is a tour on foot! The aim is to ensure that you see as much as possible of the everyday life of Bangkok and its people; and what better way to do that than to combine your walk with as many different modes of public transport as possible. Stops on the tour will normally include some interesting temples, a flower market and Little India or Chinatown.

Depart Bangkok in the evening to Chiang Mai by second-class overnight train with air-conditioned sleeping berths.

Day 3: Chiang Mai - an orientation tour (-/-/-)

After settling yourself into your hotel take a walking tour around the old city. There is always something of interest for everybody to see; spectacular temples, the gastronomic delights offered by the local food vendors, fantastic markets and shopping, etc.

Day 4: Chiang Mai – Chiang Rai (B/-/-)

Take a public air-conditioned bus to Chiang Rai. After checking into your hotel, have a day free to explore the small town by yourself.

Days 5-25: Community services with local NGOs (B/L/D)

Now it is time for you get off the tourist track and join the enthusiastic people who devotedly give their hearts to making the hill-tribe villages develop in the right direction for the benefit of all the inhabitants. The list of

activities that you can take part in include teaching English (in average 3 times a week), editing English texts, reports for the foundation, writing articles, IT, VDO presentations, websites, helping to develop the Virtual Hill-tribe Museum program and joining various work projects undertaken by the foundation and villagers. Any creative ideas to improve the projects and the villages are always warmly welcomed.

The program also includes sightseeing to visit Chiang Rai town, its night bazaar, the White Temple, waterfalls and 3-day trekking with home stay experience in hill-tribe villages such as Akha and Lahu tribes.

The program include meals on full board basis, however you will need to do your own cooking, together with your team. Accommodation is basic in volunteer houses, dormitory style and separate for men and women.

Remark:

- Unlike tourist attractions, the activities of community services projects may vary considerably. Therefore we reserve right to adjust the program or even change the location, even after we have advised a confirmation, due unforeseen developments. However the same concept will be well maintained.

Day 26: Chiang Rai – night bus to Bangkok (B/-/-)

After saying farewell to your team, you will return to Bangkok by public overnight bus.

If you wish to return to Chiang Mai or spend more time in the north or go direct to any beach destination please let us know. We can alter these final arrangements to meet your wishes

Day 27: Bangkok (B/-/-)

You will arrive in Bangkok early in the morning but as the exact arrival time is uncertain you will need to take taxi by yourself to your accommodation in Bangkok. A room is reserved for early check in. The rest of the day is at leisure.

Day 28: Bangkok – departure transfer (B/-/-)

Spend this last free day for shopping or exploring more of Bangkok on your own. Then transfer to the airport for flight home.

Departure: Daily year round with no minimum number.

Services included in the price:

- Joint transfers either by air-conditioned transport or pick-up truck for transfers during trekking and to the villages
- Accommodation is in tourist-class hotels or guesthouses on shared-twin basis with breakfast. All rooms are air-conditioned with private facilities.
- Dormitory style accommodation at the project in Chiang Rai.
- English-speaking assistance.
- Meals as specified in the program.

Services not included in the price

- Drinks and meals not specified in the itinerary.
- Personal expenses.
- Traveling arrangements during your free time, weekends and holidays

